

## MSM & HSM SUNDAY MORNINGS

### SUNDAY MORNING MEET UP (High School students)

In between the 9:00am and 10:45am service, the North Loft is open for students to meet up. We sell coffee and donuts, connect around tables, and then go downstairs to sit together in the student section of the Main Auditorium for the 10:45am service.

### STUDENT SECTION | Sundays at 10:45am

Students worship with the larger church family in the auditorium. Look for the Student Section signs to sit with other high school and middle school students.

### SERVE AT CHURCH

There are so many opportunities to use your gifts to serve others at Constance on Sunday mornings. There are volunteer openings in guest services, the café, audio & video, worship music, children's ministry and ushering. Don't just go to church, be a part of it!

**HSM Contact Greg Atkins:** [gatkings@constancefree.org](mailto:gatkings@constancefree.org)  
**MSM Contact Josiah Gould:** [jgould@constancefree.org](mailto:jgould@constancefree.org)

## SPECIAL SUNDAYS

### VISION SUNDAY | January 5 at 10:45am

Middle School (Loft South) | High School (Loft North)

Students - join us for food, worship and to hear about all the great opportunities to connect with student ministries. Learn about our upcoming Sunday seminar options, Family Conversations and different opportunities to serve at church on Sunday mornings.

### FAMILY CONVERSATIONS Sundays, Mar. 1-15

Middle and high school students are invited with their parents (and other school-age siblings) to join us as we watch the sermon in the lofts and participate in family discussions based on the sermon.

### SUNDAY SEMINARS Sundays, Jan. 12 - Feb. 23 | 9am

A place for middle & high school students to connect with one another and grow in their faith on Sunday mornings. Students must register in order to reserve a spot. Go to [constancefree.org/events](http://constancefree.org/events) to register.

### BAPTISMS | Sun, April 5, 9am & 10:45am

Publicly proclaim your faith in Jesus through baptism during either Sunday morning service. There's a mandatory class on Sunday, March 22. Register online: [constancefree.org/baptism](http://constancefree.org/baptism)

## SUMMER EXPERIENCES

### MIDDLE SCHOOL TRIPS

#### IGNITE FARGO MISSIONS | June 21-26, 2020

Open to students in grades 6-8 during the 2019-2020 school year. Students can apply online Jan. 8 - Feb. 5 with \$25 deposit. Fundraising opportunities throughout the spring. Students required to attend the Info Meeting (Feb. 23 @ 12:15pm), Serve Morning (Apr. 25) & Training Evenings (May 20 and June 3) as part of their commitment. Cost \$300.

#### IGNITE AT TIMBER BAY | July 27-30, 2020

Attention all students finishing grades 5-7! Enjoy the beautiful lakefront camp facility and activities like gaga ball, sand volleyball and boats, worship and message times. Cost is \$275 for this three-night experience. \$100 deposit due May 15 to reserve your spot, students can continue to register into the summer as space allows.

### HIGH SCHOOL TRIPS [constancefree.org/HSMmissions](http://constancefree.org/HSMmissions)

#### KANSAS CITY, KANSAS | July 11-17, 2020

Capacity: 30 students & leaders

In partnership with Apex Missions and Bridge of Hope Community Church in downtown KC continues. Students lead a day camp for kids & participate in other outreach activities.

#### MIAMI, FLORIDA | July 19-25, 2020

Capacity: 30 students & leaders

Students serve the inner-city community by leading a large kids club and participating in other evangelism activities, in partnership with Apex Missions & True Vine Christian Church.

#### BERLIN, GERMANY (Two Options)

This new experience, coordinated by Constance & Apex Missions, is designed for students and young adults age 17-22 interested in exploring a potential call toward missions.

#### 10 Day Vision Trip Experience | June 25 - July 5

Capacity: 5 students (ages 17-19)

Travel to Berlin to meet different missionaries, experience what ministry in a post-Christian context is like, learn about the city of Berlin and interact with the Apex summer missions' team.

#### Six Week Apex Summer Missions Experience | June 17 - July 28

Capacity: 10 college-aged students

Serve in Berlin for 6 weeks as Apex missionaries & receive specialized training at the EFCA's National Office in Bloomington, MN.

## STUDENT MINISTRIES TEAM

CINDY JONES | *Family Ministries Director*  
[cjones@constancefree.org](mailto:cjones@constancefree.org)

GREG ATKINS | *High School Pastor*  
[gatkings@constancefree.org](mailto:gatkings@constancefree.org)

ASHLEY BEHREND | *High School Administrative Coordinator*  
[abehrends@constancefree.org](mailto:abehrends@constancefree.org)

JOSIAH GOULD | *Middle School Program Coordinator*  
[jgould@constancefree.org](mailto:jgould@constancefree.org)

SARAH HAMMES | *Middle School Administrative Coordinator*  
[shammes@constancefree.org](mailto:shammes@constancefree.org)

LOGAN VERMEER | *Student Ministries Worship Associate*  
[lvermeer@constancefree.org](mailto:lvermeer@constancefree.org)



- Constance Middle School Ministries
- cfc\_ignite
- Constance MSM
- Text @ignitecfc to 81010 for updates



- Constance HSM
- constancehsm
- ConstanceHSM
- Text @elevatecfc to 81010 for updates

# STUDENT MINISTRY CALENDAR

winter/spring 2020

S	M	T	W	T	F	S
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INFO MTG			SERVE NIGHT			

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			IGNITE			

# MSM

**IGNITE GROUPS | Wednesdays | 6:45-8:30pm**  
 The main way middle school students connect with each other at Constance Free Church. We want to IGNITE students to connect with Jesus. Students join grade and gender-based small groups with a caring adult leader. New students can join any Wednesday night!

**Ignite Groups Alternative Night // Wed, Jan. 29**  
 Ignite groups do an activity away from church. Check with your Ignite Group leader for more time & location.

**Middle School Ministries Conferences // Feb. 2-9**  
 We are offering 20 minute conferences to share some insights about your student from our team at church and some best practices for passing on faith to teenagers. Registration will be open mid-January at [www.constancefree.org/events](http://www.constancefree.org/events) to sign up for your spot!

**Ignite the Night // Fri, Feb. 21, 7pm-Midnight**  
 You won't want to miss this adventure to exciting venues and worship rally. Cost is \$20 by February 16 and then \$25 until the event as space allows.

**Ignite Serve Night // Wed, Feb. 26**  
 Middle School Ignite Groups will do a service project on this evening. Students will be notified about specific projects and start and end times.

**Care Ministries Serve Event // Sat, March 7, 9am-12pm**  
 Join us in making food, cards and blankets for people in need at Constance alongside Constance adults. Please register by March 6.

**Girls and Guys Night // Fri, March 27, 5:30-8:30pm**  
 This event is open to students grades 5-8. Girls can bring their moms (or mentor) and guys can bring their dads (or mentor). We'll host dinner and a fun night to connect and grow in faith together. Register by Mar. 25.

**Ignite Serve Day // Sat, April 25, 9am-1pm**  
 We will do service projects to show Christ's love to people in need in our community. Cost is \$10 to cover lunch and transportation. Students attending the mission trip are already paid and signed up for this event. Please register online by April 19.

**Student Take Over Event // Fri, May 1, 7-9pm**  
 Our 8th grade students will be planning a fun evening at Constance for grades 5-7. \$5 at the door.

**IMPORTANT MAY DATES:**  
 May 13 - Ignite Groups End of Year Party, \$5 at door  
 May 27 - 8th Grade Milestone Event 6-8pm

**EVENT REGISTRATION**  
 Register at [www.constancefree.org/events](http://www.constancefree.org/events) or use an Event Registration Envelope at church to pay by cash or check. Payments are non-transferable and non-refundable.

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# HSM

**ELEVATE WEDNESDAYS | 7:00-9:00pm**  
 The best way for High School students to connect with each other at Constance. Weekly worship & Bible-based message, followed by grade & gender-based small groups. Join us any Wednesday!

**Alternative Night // Wed, Jan. 29, 7-9pm**  
 Elevate groups do an activity away from church. Check with your group leader for specific information on your group's activity.

**Late Night Event // Fri, Feb. 28, 7pm-Midnight**  
 This fun night is designed to help students unfamiliar with Constance HSM experience an event with us. So... bring friends! The cost is \$5 in advance online, or \$10 at the door.

**Care Ministries Serve Event // Sat, Mar. 7, 9am-12pm**  
 Join us in making food, cards & blankets for people in need at Constance alongside Constance adults.

**HSM Parent Connect // Sun, Feb 16, 6:30-8pm**  
 An evening for parents to network together and have a round table discussion over a topic relevant to parenting teens. RSVP at [Constancefree.org/events](http://Constancefree.org/events) February's Topic: Relationships

**Spring Thing Conference // April 17-19**  
 Our Spring Conference! For two nights, students will stay in a hotel, participate in large group rallies with worship and teaching, and do something as a group from an offering of pre-planned activities. Cost \$100.

**HSM Parent Connect // Sun, April 26, 6:30-8pm**  
 An evening for parents to network together and have a round table discussion over a topic relevant to parenting teens. RSVP at [Constancefree.org/events](http://Constancefree.org/events) April's Topic: Future

**IMPORTANT MAY DATES:**  
 End of the Year Party - May 13  
 Graduation Sunday - May 17  
 Graduation Banquet - May 20

**EVENT REGISTRATION**  
 Register at [www.constancefree.org/events](http://www.constancefree.org/events) or use an Event Registration Envelope at church to pay by cash or check. Payments are non-transferable and non-refundable.